



Pregnancy & Infant Loss Support



“A life so brief, a child
so small, you had the power
to touch us all”

UNKNOWN

Bears Of Hope comfort, acknowledge, inform, empower and guide families during their time of loss.

As a registered non-profit organisation we are dedicated to the care of others and reinvesting our finances and resources to ensure Bears Of Hope is the leading support for pregnancy and infant loss in Australia.

Grief Support:

Phone: 1300 11 HOPE

Email: support@bearsofhope.org.au

General Enquiries:

Phone: 1300 11 BEAR

Email: contact@bearsofhope.org.au

Postal Address:

PO Box 352, Stanhope Gardens NSW 2768

www.bearsofhope.org.au



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About Bears Of Hope

Vision

Providing leading support and exceptional care for families who experience the loss of their baby.

Mission

Bears offered at every hospital providing vital

Early support.

An Australia wide program which provides timely and

Relevant information to families who experience

Stillbirth, miscarriage, neonatal or infant loss.

Ongoing comfort and a lifetime of support

From families who understand

Helping to challenge and shape beliefs surrounding loss.

Outstanding care,

Passionate pregnancy and infant loss support,

Education and awareness.

Values

- Committed to achieving our vision with integrity.
- Dedicated to and passionate about making a difference.
- Respecting grief is personal and unique.
- Every family has the right to be offered support without judgement.
- Equal acceptance and acknowledgement of every loss

Bears Of Hope Pregnancy & Infant Loss Support provides leading support and exceptional care for families who experience the loss of their baby.

We seek to provide crucial information and embrace families during their difficult time of loss, and beyond. There are two key elements to our program that guide families through their choices when saying Hello and Goodbye to their much loved baby.

Families receive a Bear Of Hope donated by another bereaved family. This allows the donating family to give their child's brief life a purpose and lasting legacy, whilst filling the empty arms of another family as they walk out of the hospital without their baby. It reinforces the understanding that they are not alone, and that there is an existing community of support. Families also receive extensive information, either in printed or online format, to help them make decisions and memories in hospital, during the memorial and beyond.

Our Beyond the Bear support is unequalled by any other organisation. We provide exclusive and invaluable support packages that include; a credible foundation of parent led and psychologist facilitated support groups, private online groups, phone and email counselling and annual community events that remember individual baby's and recognize their parents love. Additionally we have a Hope and Healing Resource Library and issue a quarterly newsletter where parents have the opportunity to contribute.

Early Support Service

Words cannot describe the depth of anguish and emptiness felt through the loss of a baby. Many parents disclose that walking out of the hospital with empty arms, or facing time after a loss without support and guidance, is the most debilitating and isolating experience they have encountered.

Bears Of Hope Support Packages

Bears of Hope packages provide families with immediate support. They let parents know they are not alone, provide comfort during a time of grief, guide parents through the creating memory process, instantly inform parents about our Beyond the Bear Support Services, and offer a sense of hope for the future. Bears Of Hope donate various support packages to various health services and parents directly Australia-wide.



The Support Packages include a bear of hope, invaluable support literature and keepsake gifts. Our hope is to initiate and advocate early support to empower parents through their grief.

Each bear of hope within these packages is donated in loving memory of another family's baby. It is a beautiful way in which one family can honour their own baby and help another family at the same time, giving purpose to such brief and precious lives.

Beyond The Bear Support

Bearsofhope.org.au

Our website provides in-depth information and extensive resources for immediate family members, relatives and close friends. We provide information on grief and loss issues, support services and resources, coping strategies for the time ahead, funeral or memorial service ideas, information for family and friends, community events, creating memory ideas, and ways to become involved with our program.

Community Wellbeing Groups

Bears Of Hope offer monthly support groups providing an informal environment for bereaved parents to meet in a relaxed environment. These groups are parent-led with some facilitated by a psychologist at no cost to parents.

Private Online Support Groups

Bears Of Hope provide private online support groups through Facebook. We have various groups including a Parent Support, Parenting After Loss, The Man Cave for Dads, Family & Friends Support, and a Rainbow Baby group (Pregnancy After Loss).

Email & Phone Support

Bears Of Hope grief support is provided by trained professionals.

Phone: 1300 11 HOPE

Email: support@bearsofhope.org.au

Beyond The Bear Newsletter

Our newsletter keeps you up to date with featured articles, community events, support services, achievements and opportunities to include a baby loss story or message of love. Subscribe through our website.

Hope & Healing Library

Bears Of Hope have books for parents, grandparents and children who would like to find hope and healing through literature. They can be borrowed on a monthly basis through our support groups.

Community Events & Fundraisers

Mother's & Father's Day

Bears Of Hope holds events for these two special days each year. We offer the opportunity for our parents to join us and share this time with other parents who understand in a loving and supportive environment. We acknowledge all families who have experienced a loss as Mums and Dads.

Pregnancy & Infant Loss Remembrance Day

Bears Of Hope hold various events in Australia for October 15 every year to mark this Internationally recognised and celebrated day. We invite all families to join in the events and light a candle at 7pm local time to keep a continual wave of light across the world.

Choosing Hope

Choosing Hope is a walk of honour and remembrance in support of bereaved families who have experienced the loss of their baby. Each walk is followed by a very special remembrance service. These are held annually around October 15th, International Pregnancy & Infant Loss Remembrance Day.

Beards Of Hope

Sometimes it can be difficult for Dad's to feel connected to the formalities of traditional support groups. The Beards of Hope Campaign encourages men across Australia to grow a beard over the winter season. It provides an informal, relaxed and neutral setting to connect with other dads by taking the focus off having to talk about loss and allowing the atmosphere of the fundraiser to dictate conversation with family, friends and work colleagues.

Fundraising

Make a profound difference helping families across Australia by fundraising big or small for our organisation. We rely on the generosity of the community each year to help fund our support services.

See the different ways you can fundraise here:

www.bearsofhope.org.au/ways-to-give/fundraise

A Legacy of Love

Bears Of Hope ensures all families can access credible support services and are guided through their grief and beyond. With no government funding, we rely solely on the generosity of the community to continue our work.

Your donation ensures we can continue to provide this service. All donations \$2 and over are tax deductible and are utilised towards the objectives of our charity.

Donate a Bears Of Hope Package

Help us make a difference in the lives of others. Please consider donating a Bears Of Hope support package in remembrance of your own baby or on behalf of a friend in honour of their baby. You may also choose to purchase bears from our collection for yourself or as a gift for a friend.

To make a donation please visit our website:
www.bearsofhope.org.au/ways-to-give/donate

Share your bear's Legacy of Love

The Bear of Hope you have received has been donated from another bereaved family creating a legacy of love in honour of their baby. You can send them an inspiring message of hope in knowing that they have made a difference. We encourage you to share the name of the baby honoured on the tag of the Bear Of Hope you have received, and if you wish, some words from your story.
www.bearsofhope.org.au/lasting-memories/sign-our-guestbook/

