

JODIE HENRY

Olympic Legend



For many, the Athens Olympics will be fondly remembered as the Olympics that announced Jodie Henry to the world. Australia's new Queen of the pool smashed three world records on her way to winning three gold medals.

The talented freestyler rose to prominence in 2002. After gaining confidence and form against some of the world's best on the European Mare Nostrum Tour, Henry landed three gold and one silver medal at the Manchester Commonwealth Games. Her haul included a role in the team that broke the Commonwealth Record in the 4 x 100m Freestyle Relay.

In 2003 she was named the Speedo Female Sprint Freestyle Swimmer of the Year.

After producing personal bests at the Telstra Olympic Team Trials in the 50, 100 and 200-metre freestyle, Henry ventured to Athens with victory in mind. On Day 1, Henry produced a withering finish to give Australia Gold in the Women's 4 x 100 metre Freestyle Relay and ownership of the World Record. The ever-smiling Henry then broke the World Record in her semi-final of the 100 metre Freestyle en route to her first individual Olympic Gold medal - Australia's first in this event since Dawn Fraser at the 1964 Tokyo Games.

Saving perhaps the best for last, Henry careered away in the anchor leg to secure Australia's win in the 4 x 100 metre Medley Relay, again in a new World Record time. Since Athens, Henry has affirmed her world number one ranking with victory in the 100m freestyle at the 2005 World Championships in Montreal.

In 2006, Henry showed her class at the Commonwealth Games in Melbourne by winning gold in the 4x100m Freestyle and two individual silver medals in the 50m and 100m Freestyle.

Henry competed in her second World Championships in Melbourne in 2007 where she produced a phenomenal final leg in the women's 4 x 100m to steer Australia to the gold medal.

Jodie Henry has hung up her goggles and is currently enjoying life in Brisbane. She has recently married her partner, former Brisbane Lions star Tim Notting in a beautiful ceremony on a beach in Bali, and is the proud mother of two gorgeous children.



PERSONAL INFO

DOB: 17 November 1983
RESIDES: Brisbane

CAREER HIGHLIGHTS

2007 Melbourne FINA World Championships: 4 x 100m Freestyle Relay - Gold, 4 x 200m Freestyle Relay - 4th, 50m Freestyle - 6th, 100m Freestyle - 6th

2005 Montreal FINA World Championships: 100m Freestyle - Gold, 4 x 100m Freestyle Relay - Gold, 4 x 100m Medley Relay - Gold

2003 Barcelona FINA World Championships: 100m Freestyle - Silver, 4 x 100m Freestyle Relay - Bronze, 4 x 100m Medley Relay - Bronze

2004 Athens Olympic Games: 100m Freestyle - Gold 53.52 WR, 4 x 100m Freestyle Relay - Gold 3.35.94 WR, 4 x 100m Medley Relay - Gold 3.57.32WR

2006 Melbourne Commonwealth Games: 100m Freestyle - Silver, 50m Freestyle - Silver, 4x100m Freestyle Relay - Gold

2002 Manchester Commonwealth Games: 100m Freestyle - Gold, 4 x 100m Freestyle Relay - Gold, 4 x 100m Medley Relay - Gold, 50m Freestyle - Silver

